LET’S TAKE STEPS TOWARDS GOOD HEALTH

Get moving with BC’s doctors this September!

Doctors across British Columbia are hosting Walk with your Doc events in their communities to encourage British Columbians to get moving for good health.

Join the event that gets us moving!
September 18-26

Visit walkwithyourdoc.ca to find an event in your community. All events are free to join and appropriate for all ability levels!